RULES OF THE POOL:-

1. All doors are to remain closed at all times
2. No outdoor footwear to be worn around the pool
3. No food or drink allowed
4. Please shower before entering the pool
5. Swimwear is to be worn at all times
6. Children and non-swimmers must be closely

 supervised by a responsible adult at all times

1. **No lifeguard on duty. Swimmers swim at their**

 **own risk**

1. Use the pool at your own risk. We are not

 responsible for injuries or accidents

1. The pool is 1.5m deep, there is no shallow end
2. Please do not use the pool if you have an

 infectious disease

1. Do not swallow the pool water. The water is tested

 daily

1. You are welcome to bring your own pool equipment but

 it must be clean

1. No smoking
2. No running, pushing or other dangerous horseplay

as the tiles can become slippery when wet

1. No diving
2. No throwing
3. No yelling or other loud noises
4. Please use the toilet, not the pool
5. Maximum of 6 swimmers in the pool at one time
6. Maximum of 4 people in the sauna at one time
7. Emergency Exits are shown by the signs
8. First aid box is located in the changing room on

the small shelves in the corner

1. Please leave the pool and changing room tidy and

 ensure the entrance door is locked

1. Any damages or breakages must be paid for
2. Emergency contact number:

Amy – 07717 503251